

RUGBY CROSS COUNTRY RESULTS

Griggs County Central G"OTT" Courage Invitational, Thursday, October 12, 4:00 p.m.
Site - Cooperstown Bible Camp - Cooperstown, ND

Varsity Girls (5000 Meters) 117 runners

Quinn Nepl - 6th place - 19:36	Kristina Brossart - 53rd place - 23:27
Ellie Duchscherer - 11th place - 20:39	Mikaylee Livedalen - 54th place - 23:30
Tristin Lunde - 12th place - 20:44	Emily Salwey - 55th place - 23:31
Mykell Heidlebaugh - 16th place - 21:11	Anna Clements - 59th place - 23:42
Karsyn Hager - 19th place - 21:16	Braelynn Oppen - 70th place - 24:32
Rylie Suchor - 30th place - 22:31	Dessa Denich - 98th place - 26:37
Kendyl Hager - 47th place - 23:13	

Team Results: **1. Rugby - 64**, 2. Hatton/Northwood/Thompson - 130, 3. Hillsboro/Central Valley - 137, 4. Lisbon - 202, 5. Grafton - 209, 6. Langdon Area/Munich/Edmore - 211, 7. Mayville-Portland-Clifford-Galesburg - 255, 8. Northern Cass - 267, 9. Kindred - 291, 10. Pembina County North - 304, 11. Central Cass - 316, 12. Harvey/Wells County - 325, 13. Ellendale - 376, 14. Carrington - 383, 15. Medina/Pingree-Buchanan - 395, 16. Edgeley/Kulm - 405, 17. New Rockford-Sheyenne - 440, 18. LaMoure - 452, 19. Griggs County Central - 482, 20. Larimore - 498, 21. Rolla - 501, 22. Richland - 524, 23. Velva - 557, 24. Warwick - 591

Individual Winner: Elise Ramberg - Langdon Area/Munich/Edmore - 18:40

Varsity Boys (5000 Meters) 175 runners

Riley Zachmeier - 3rd place - 17:00	Logan Harner - 51st place - 19:33
Kadin Nepl - 8th place - 17:53	Jacob Arnold - 80th place - 20:40
Dawson Schepp - 10th place - 18:00	Ridley Odden - 81st place - 20:41
Warren Walker - 27th place - 18:57	Malachi Dosch - 118th place - 22:03
Cole Wentz - 35th place - 19:10	Erik Foster - 135th place - 22:54
Landon Rost - 41st place - 19:14	Trenton Sanford - 161st place - 25:16

Team Results: 1. Hatton/Northwood/Thompson - 63, **2. Rugby - 83**, 3. Pembina County North - 162, 4. Carrington - 171, 5. Central Cass - 180, 6. Four Winds/Minnewaukan - 189, 7. Lisbon - 203, 8. Grafton - 226, 9. Kindred - 234, 10. Griggs County Central - 276, 11. Hillsboro/Central Valley - 285, 12. Mayville-Portland-Clifford-Galesburg - 315, 13. Langdon Area/Munich/Edmore - 325, 14. Ellendale - 423, 15. Medina/Pingree-Buchanan - 424, 16. Edgeley/Kulm - 427, 17. Northern Cass - 594, 18. Warwick - 616, 19. Velva - 617, 20. Harvey/Wells County - 673, 21. New Rockford-Sheyenne - 692, 22. LaMoure - 738, 23. Richland - 739, 24. Larimore - 811, 25. Rolla - 873

Individual Winner: Payton Smith - Carrington - 16:45